



Are you a parent in recovery?

Register Online:

www.surveymonkey.com/r/PGNRPC5

This “Families in Recovery” evidence based program teaches effective and practical parenting tools to help you and your family recover together.

You’ll learn how to improve your family’s communication, how to re-connect with your children, effective ways of positive parenting, and how to boost protective factors in both your own and your children’s lives.

Complimentary Dinner & Childcare (ages 3-10)



Please join us weekly for parenting topics!

EVERY THURSDAY

SEPT 27—DEC 27, 2018

6:00-8:00pm

Family Nurturing Center

212 N .Oakdale Ave

More info: 541-779-5242



15 sessions, 2 hours per session. 30 hours of parenting class certification. *certificates available at request.